

## **Caregiver Volunteers of Central Jersey**

"Caring for People by People Who Care" caregivervolunteers.org

**Ocean County Office:** 

201 Hooper Avenue, First Floor, North Suite Toms River, NJ 08753

732-505-2273

**Monmouth County Office:** 

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Caregiver Volunteers of Central Jersey is an interfaith nonprofit organization dedicated to providing free supportive services to the elderly, disabled, veterans and those who care for them.

Our Faith in Action program is designed to reduce social isolation, and our mission/goal is to help individuals remain living independently in their own home with dignity and joy.

In 2023 Caregiver Volunteers, a 501 © 3 organization, celebrated 30years of abundance of service to seniors living in Monmouth & Ocean Counties. With the help of over 1,300 willing and compassionate volunteers who freely donate their time, CVCJ, currently provides over 60,000 hours of free vital assistance to seniors each year.

Our supporters and the team at Caregiver Volunteers of Central Jersey are very proud of this extraordinary mission and feel honored to play a part. Our hope is to implore you to feel the same. Thank you for allowing us to do a presentation for your community. You have been instrumental in helping us maintain and grow this outstanding and much needed program of caring and supporting our senior neighbors.

Some of the free services we provide include:

- Medical Transportation: Door to door transportation to medical appointments
- Grocery Shopping: Volunteer is assigned to do in person food shopping bi-monthly
- Companionship Home Visits: Weekly visits offering friendship
- Caregiver Canines: Pet Therapy weekly visits from a certified therapy dog
- Caregiver Respite: Weekly visits to offer relief to the caregiver for up to 3 hours
- Connect thru Music: a beautiful music program designed to connect Alzheimer's patients with their former self
- Handy Andy: Home repair and maintenance program including yard care
- Healthy Hop: a free service providing Uber/Lyft rides same day service

Please feel free to contact me with any questions or concerns, I look forward to hearing from you!

Yvette Atkins

Caregiver Volunteers of Central Jersey 732-505-2273